

Take part in the **#HelloYellow** Challenge

We know that you and the young people at your school have been going through a difficult time, and it can be hard to feel positive. But you're not alone. By coming together we can remind ourselves of this. By being there for each other and sharing the positive moments, we can start feeling more hopeful about the future.

Sometimes it's the little things in life that we often take for granted which make all the difference and brighten up our day. That's why this year we want to give your students a challenge! Can they complete these three little acts of kindness to brighten someone's day and spread some joy?

The three step **#HelloYellow** Challenge:

Tick the box once completed!

1 Say something kind to a teacher

2 Wave and smile at a friend

3 Tell a joke to try and make someone laugh!

Don't forget to encourage donations. Students may want to ask their parents to donate **£1** for each action they complete on **#HelloYellow** day, or even set up their own fundraising page and connect it to our [campaign page](#).

You can download the **#HelloYellow Challenge** to share with your class in our [#HelloYellow Resources Hub](#).