**Useful Christmas & COVID-19 Helpline Numbers and Websites**

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| **Name** | **Website** | **Telephone Number** |
| Emergency Services – Police/Ambulance/Fire  Non-emergency police  Crimestoppers | <https://www.cheshire.police.uk/> | 999  101  0800 555 111 |
| Warrington Borough Council | [www.warrington.gov.uk](http://www.warrington.gov.uk) | 01925 443322 |
| MASH  First Response Team  (for aged over 18)  WBC – Emergency Out of Hours No. | [www.warrington.gov.uk](http://www.warrington.gov.uk) | 01925 443400  01925 443322  01925 444400 |
| My Life Warrington | [www.mylifewarrington.co.uk](http://www.mylifewarrington.co.uk) | 01925 443131 |
| Health Visitors | <http://bridgewater.nhs.uk/warrington/health-visiting-service/> | 01925 843868 – East Warrington  01925 867930 – West Warrington  01925 867830 – South Warrington |
| Midwives | <https://whh.nhs.uk/services/maternity> | 01925 662092  01925 662334 – Labour Ward |
| Warrington Hospital | <https://whh.nhs.uk/> | 01925 635911 |
| Wakefield House |  | 01925 666647 |
| Pathways | <https://www.changegrowlive.org/pathways-to-recovery-warrington/info> | 01925 423717 |
| Warrington Foodbank | <https://warrington.foodbank.org.uk/> | 07583 080521 |
| ChildLine | <https://www.childline.org.uk/> | 0800 1111 |
| NSPCC | <https://www.nspcc.org.uk/> | 01925 873000 |
| Warrington Women’s Aid | <https://www.warringtonwomensaid.org.uk> | 01925 417138  0808 2000 247 national helpline |
| Talking Matters Warrington (IAPS) | https://www.mhm.org.uk/talking-matters-warrington | 01925 401720 |
| CAMHS | https://www.nwbh.nhs.uk/camhs-warrington | 01925 575904 |
| 24/7 Mental Health Crisis Line |  | 0800 051 1508 (Freephone) |
| MIND | <https://www.mind.org.uk/> | 0300 123 3393 or text 86463 |
| KOOTH | <https://www.kooth.com/> |  |
| Get Connected – The Mix | <https://www.themix.org.uk/> | 0808 808 4994 |
| Drink Aware (alcohol helpline) | [www.drinkaware.co.uk](http://www.drinkaware.co.uk) | 0300 123 1110 |
| Frank (drug helpline) | [www.talktofrank.com](http://www.talktofrank.com) | 0300 123 66 00 |
| HOPE Line UK/Papyrus (suicide prevention) | <https://www.papyrus-uk.org/> | 0800 068 41 41 |
| Samaritans | <https://www.samaritans.org/> | 116 123 |
| LGBT Foundation Helpline | <https://lgbt.foundation/helpline> | 0345 3 30 30 30 |
| St. Josephs Family Centre | https://www.saintjosephsfamilycentre.co.uk/ | 01925 635448 |
| Salvation Army | <https://www.salvationarmy.org.uk/warrington> | 01925 415000 |
| CAB | https://www.citizensadvice.org.uk/ | 0300 3309 091 |
| Emergency Dental Service | https://www.warringtonccg.nhs.uk/Images/Page%20Images/local-services/emergency-dental-service.htm | 0161 476 9651 |
| NHS Direct |  | 111 |
| Room at the Inn | https://www.roomattheinn.org.uk/ | 01925 632771 |
| Homeless and Housing Advice Service | https://www.warrington.gov.uk/homelessness-and-housing-advice-service | 01925 246868 |
| Warrington Job Centre |  | 0800 169 0190 |
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| **Face Book Pages with free food information**  Free Food Warrington  Neighbourhood Food Larder  Friends of Meadowside | | |