

Links to activities that we do in PE.

Yoga

<https://www.youtube.com/user/CosmicKidsYoga>

Super Movers

<https://www.bbc.co.uk/teach/supermovers>

Joe Wicks

<https://www.youtube.com/user/thebodycoach1>

Just Dance

https://www.youtube.com/results?search_query=Just+dance

Bring sally up

https://www.youtube.com/results?search_query=Bring+sally+up+bring+sally+down+fitness

Let's move: Dance KS1

<https://www.bbc.co.uk/programmes/b03g64pk/episodes/downloads>