YEAR 6 CONWY RESIDENTIAL - WHAT TO BRING

A packed lunch will be needed on the Wednesday that is labelled with your child's name – please send this in with your child on departure day – thank you.

ALL CLOTHING SHOULD BE OLD AND COMFORTABLE

- Warm outdoor coat, preferably waterproof
- Two or three sweaters or warm jumpers depending on length of stay
- Four to five T-shirts depending on length of stay (at least 2 should be long-sleeved)
- Two or three pairs of trousers tracksuit bottoms are better than jeans
- Socks and underwear enough for each day plus additional spares
- A complete change of clothing that can get wet, including footwear, which will be needed for water activities (wellingtons cannot be worn for this activity)
- Pyjamas
- Trainers or pumps for indoor wear
- Substantial trainers or boots for outdoor wear
- Wellingtons can be brought but not instead of outdoor footwear and they must not be worn for rafting.
- Hat and scarf for cold weather
- Gloves useful even in warm weather
- Large towel
- Basic toiletries soap, shampoo, toothpaste & brush, hairbrush or comb
- Lip salve essential in cold weather
- Sunscreen essential in hot weather (labelled with your child's name)
- Insect repellent we recommend DEET formulated insect repellent (e.g. Jungle Formula) (labelled with your child's name and given to a member of staff)
- A large bin bag for wet/dirty clothes
- Small backpack
- Water bottle (labelled with your child's name)
- Medication (labelled with your child's name and given to a member of staff, along with a completed medication form)

OPTIONAL

- Book, card game or similar, torch, small teddy.
- £5 in a purse, wallet or moneybag (labelled with your child's name and given to a member of staff)

PLEASE NOTE:

- <u>DO NOT</u> send sweets, drinks, chewing gum or other food items in their cases due to allergies. These will be retained by staff and returned once back at school.
- Children <u>MUST NOT</u> bring mobile phones. These will be retained by staff and returned once back at school.
- Personal jewellery is best left at home too. Items of jewellery can be a potential hazard during activities.
- <u>DO NOT</u> send electrical items with your child.
- Children should be discouraged from bringing expensive personal items.