



Bubble Prayers

- **Equipment**

Bubble mixture or washing up liquid and water

- **Set up**

Mix washing up liquid and water together. Go outside or open a window

- **Instructions**

The Bible says that we can throw (or blow!) all our worries to God, because God cares for us.

What are you worried about today? You might want to talk with one of your household about this.

When you're ready, blow the bubbles.

Imagine that you are blowing the bubbles to God.

Remember God cares about you.