

# SCHOOL MEALS

Available daily as an alternative: - Filled jacket potatoes and a selection of sandwiches served with vegetables, a dessert and drink. An alternative dessert from a selection of seasonal fresh fruit, fruit yoghurt, soren and cheese & biscuits  
Available daily - Unlimited fresh salad and wholemeal bread, drinking water or fresh milk.



## Week One

### Meat Free Monday

✓ Homemade Macaroni Cheese

✓ Vegetarian Sausage Roll, served with savoury potatoes, baked beans or garden peas

Vanilla Ice Cream

### Tuesday

✓ Roast Gammon  
Served with creamed & roast potatoes, seasonal fresh carrots and broccoli and gravy

✓ Cajun Chicken served with tomato penne and fresh carrots and broccoli

Fresh Fruit Segments or yoghurt

### Wednesday



✓ Pork Sausage with creamed potatoes, gravy served with seasonal fresh carrots and peas

✓ Chilli Beef served with 50/50 rice

Homemade Blueberry Cake

### Thursday

✓ Homemade Spaghetti Bolognese served with garden peas

✓ Homemade Cheese Flan served with baked wedged potatoes garden peas or baked beans

✓ Jelly and Fruit

### Friday

✓ Oven baked Fish Stars served with chunky chipped potatoes, garden peas or baked beans

✓ Crumb Coated Chicken served with chunky chipped potatoes, garden peas or baked beans

Homemade Shortbread Biscuit

## Week Two

### Meat Free Monday

✓ Margarita Pizza served with herby diced potatoes, and sweetcorn

✓ Filled Jacket Potato  
Served with fresh crisp salad

Vanilla Ice Cream

### Tuesday

✓ Roast Chicken with sage & onion stuffing served with roast & creamed potatoes, seasonal fresh carrots and broccoli and gravy

✓ Tomato and Mascarpone Pasta Bake

Fresh Fruit Segments or Yoghurt

### Wednesday

✓ Minced Beef and onion pie served with savoury potatoes and seasonal vegetables

✓ Chicken curry served with 50/50 rice

✓ Jelly and Fruit

### Thursday

✓ Fish fingers with sauté potatoes and seasonal vegetables

✓ Tuna and Cheese Puffs served with sauté potatoes and seasonal vegetables

Fruit Crumble and Custard

### Friday

✓ Oven baked Battered Salmon served with chunky chipped potatoes garden peas or baked beans

✓ Red Tractor Chicken Poppers served with chunky chipped potatoes garden peas or baked beans

Homemade cooks choice Cookie

## Week Three

### Meat Free Monday

✓ Homemade Tomato Pasta Bake served with seasonal vegetables

✓ Crumb coated Quorn  
Served with herby diced potatoes and baked beans

Homemade Rice Pudding or Vanilla Ice Cream

### Tuesday

✓ Roast Turkey with sage & onion stuffing served with roast & creamed potatoes, seasonal fresh carrot and broccoli and gravy,

✓ Homemade Cheese and Potato Pie served with fresh carrot and broccoli

Fresh Fruit Segments or Yoghurt

### Wednesday

✓ Chicken Tikka Masala served with 50/50 rice

✓ Cottage pie  
Served with seasonal vegetables

Homemade Flapjack

### Thursday

✓ Pork Meatballs in homemade tomato and basil sauce served with wholemeal pasta and garden peas

✓ Jacket potato with a selection of fillings

✓ Jelly and Fruit

### Friday

✓ Seasoned chicken fillet served with chunky chipped potatoes, garden peas or baked beans

✓ Oven baked Battered Fish served with chunky chipped potatoes, garden peas or baked beans

Cooks Choice Toffee Date Cake or  
Chocolate Cake with Orange



**Menu cycle week one:** 6 Sept, 27 Sept, 18 Oct, 8 Nov, 29

Nov, 20 Dec, 10 Jan, 31 Jan, 21 Feb, 14 Mar, 7 Apr

**Menu cycle week two:** 13 Sept, 4 Oct, 25 Oct 15 Nov, 6

Dec, 27 Dec, 17 Jan, 7 Feb, 28 Feb, 21 Mar, 14 Apr

**Menu cycle week three:** 20 Sept, 11 Oct, 1 Nov, 22 Nov, 13

Dec, 3 Jan, 24 Jan, 14 Feb, 7 Mar, 28 Mar, 21 Apr

## School Menu September 2021/22



= Vegetarian ✓ = Vegetarian substitute available  
Lunch will be served with fresh milk or drinking water.  
All homemade dishes contain additional vegetables.

For allergen and dietary help please contact school meals helpdesk on 01925 443082 or visit our website [www.warrington.gov.uk/schoolmeals](http://www.warrington.gov.uk/schoolmeals)



**WARRINGTON**  
Borough Council

