

# #HelloYellow Bunting

Share your mental health messages, drawings, advice and inspirational quotes to show young people they're not alone when it comes to their mental health.



## Why not tell us how you look after yourself at school?

As well as messages, quotes and drawings, you might like your pupils to write down how they look after themselves at school. This could be a tip for cheering up, or an example of how they have helped a friend or been helped by someone.

This might be nice for teachers and school staff to do too!



Once you have decorated your classroom with #HelloYellow bunting, make sure you post your photos on social media with the #HelloYellow hashtag and our @YoungMindsUK tag.

Here are your speech bubble templates.

# Make your own #HelloYellow bunting!

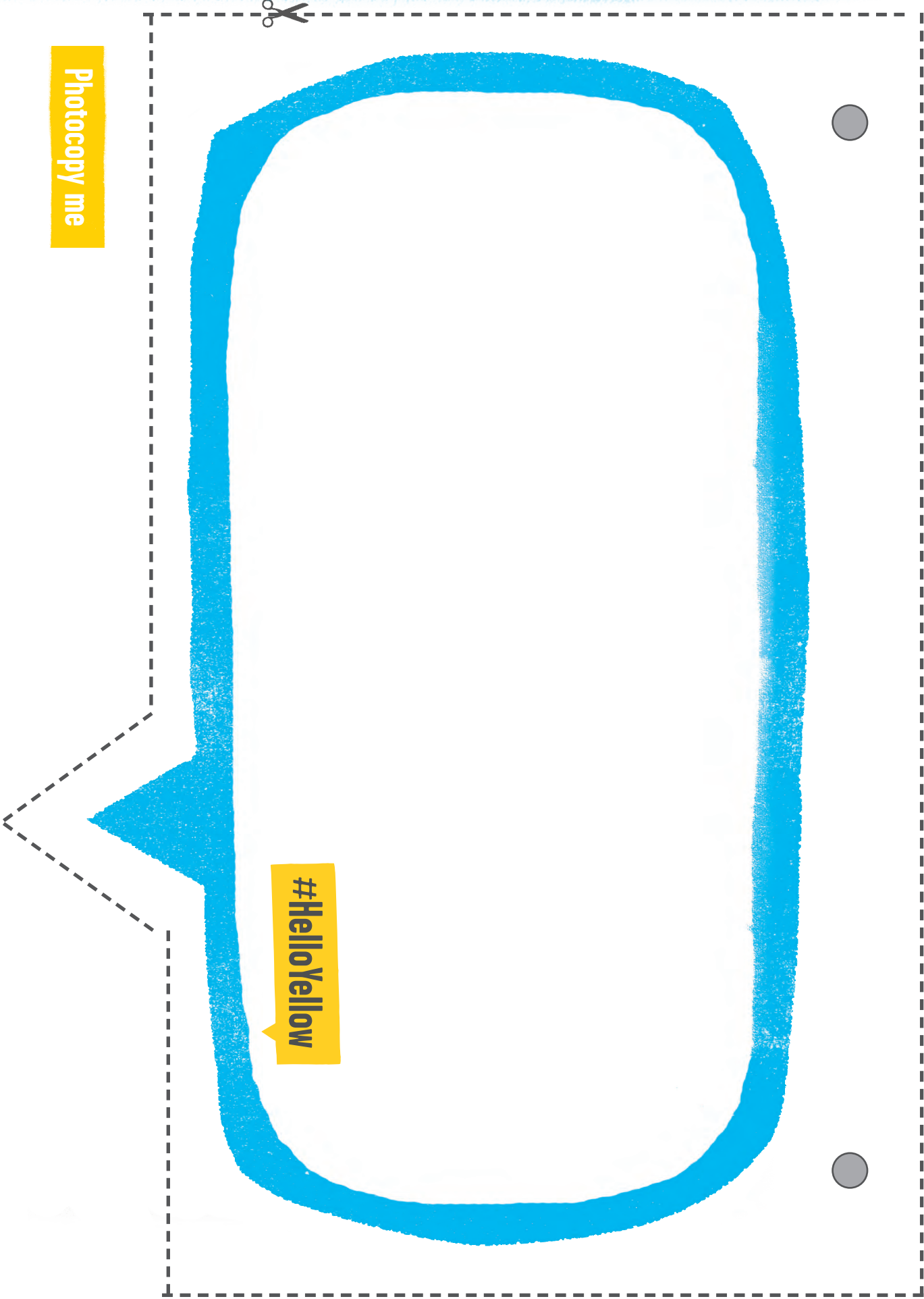
Photocopy me



#HelloYellow

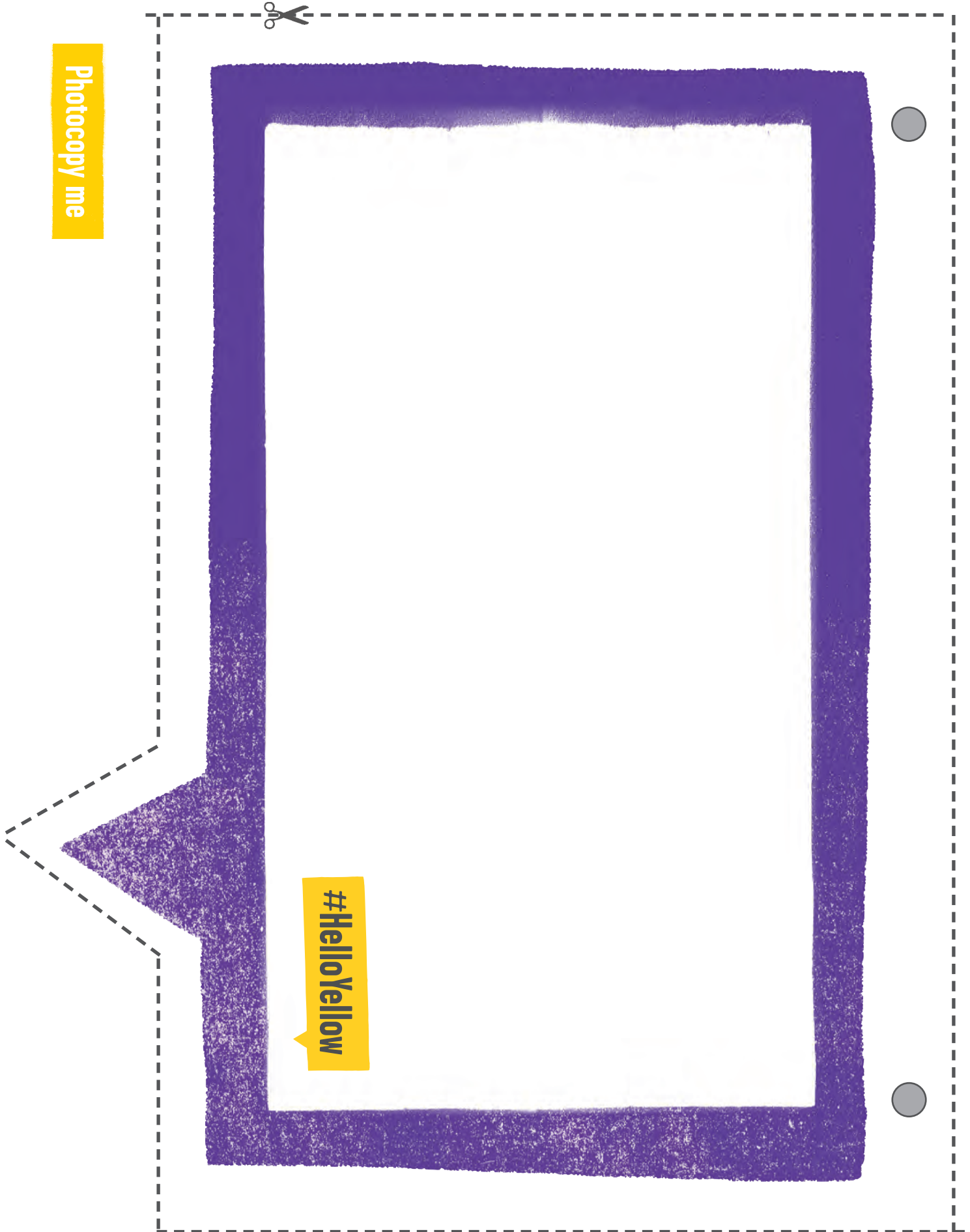
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