

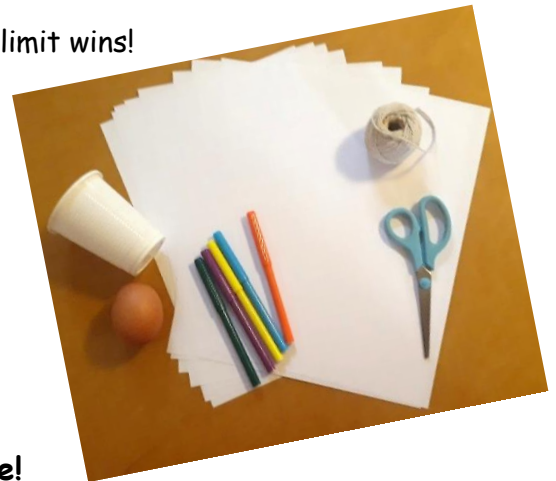
Multi-Activity Challenge

This activity challenge can be done in teams or solo. The aim is to complete as many of the challenges on the sheet in the given time limit to score points. How long you choose to set will depend on the age/ability of who is taking part (As a rough guide, an hour is a good amount of time). You will need someone to act as the supervisor/impartial judge. Participants/teams may practice the challenges as much as they would like, but if they want a challenge to count for points, it must be performed/completed **in front of the supervisor** who will determine if it was successful. Time management is key as the supervisor may be busy with another person/team when you want to complete a challenge. Instead of wasting time waiting, use your time wisely!

The person or team with the most points at the end of the time limit wins!

Before starting, each person or team will need:

- 10 x pieces of paper
- 1 x pair of scissors
- 1 x roll of string
- 5 x coloured pens/pencils
- 1 x egg/water balloon
- 1 x plastic/paper cup



Only the equipment provided may be used – nothing else!

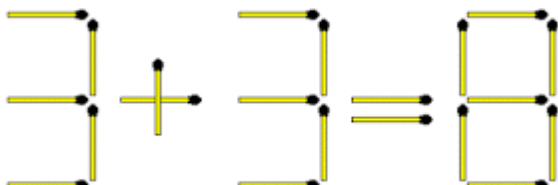
The Challenges

1. Recite the entire alphabet **backwards**.
2. Create 3 origami (folded paper) animals.
3. Throw and **safely** catch your water balloon / egg over a distance of 2 metres (throw upwards if doing the challenges on your own).
4. Move from one side of an area decided by the supervisor to the other side without **any** body parts touching the floor using only your equipment. If working in teams, the whole team must cross together!
5. Build a freestanding tower that is at least half the height of your supervisor and will stand for 5 seconds without being held.
6. Complete 30 Star Jumps!
7. Draw one item for every letter of the alphabet.
8. Complete at least 1 of the matchstick puzzles on the next page.
9. Draw any country's flag - You must know who!
10. Do a headstand for 10 seconds.

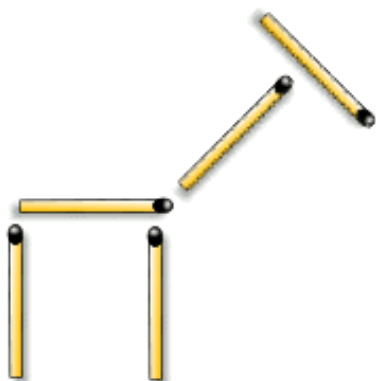
11. Figure out at least 2 of the riddles on the next page.
12. Come up with 10 imaginative uses for your cup that **do not** include using it as a cup!
13. Solve at least 3 of the anagrams on the next page to find things that are in your home.
14. Balance one of your coloured pens/pencils on the tip of your finger for at least 10 seconds - double points if the pen/pencil is standing upright!
15. Scrumple a bit of paper into a ball and place it on the floor. **Without touching** the ball or the container you are going to use **with your hands**, transport the ball from one side of an area decided by the supervisor to the other.
16. Complete the crossword on the next page.
17. Stand on one foot, pat your head with one hand, rub your tummy with your other hand and sing a song - **all at the same time!**
18. Solve at least 3 of the dingbats on the next page.
19. Design and wear a hat fit for the races.
20. Clap at least 70 times in a minute.

8. Matchstick Puzzles

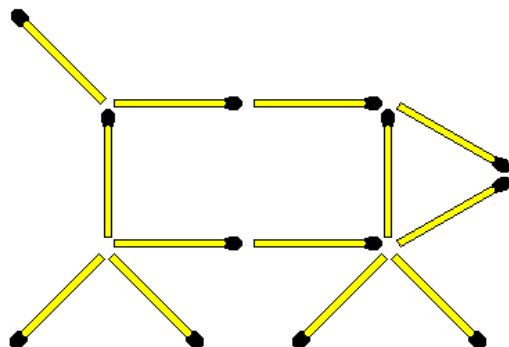
Move **only one** matchstick to make the equation true. Can you find both solutions?



Move one matchstick to move the donkey



Shown here is a pig with tail pointing upwards. Move 2 matchsticks to make the pig look in the opposite direction, but with tail still pointing upwards.



13. Anagrams - Rearrange the letters to find things that are in your home!

moor = ? thicken = ?

palm = ? bleat = ?

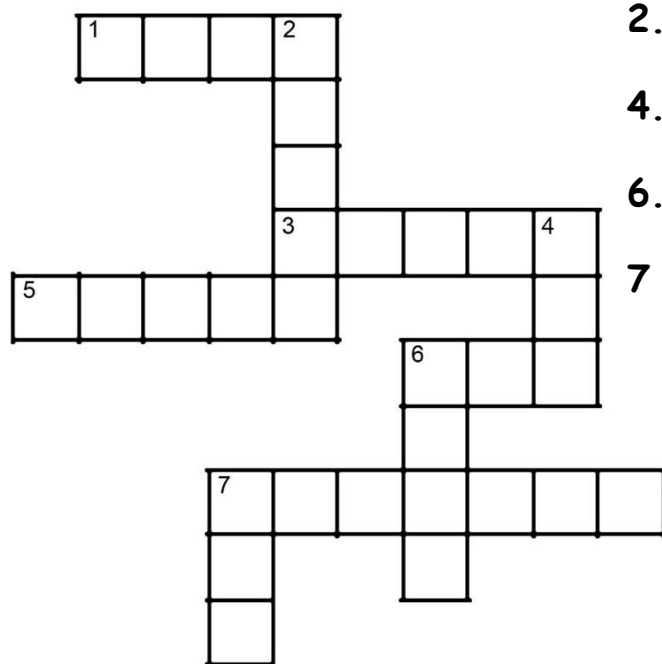
11. Riddles

- What is full of holes but still holds water?
- How many letters are in The English Alphabet?
- What question can you never answer "Yes" to?
- What word is spelled Wrong in the dictionary?
- Meggie has 5 girl puppies, and each of these puppies has a brother. How many puppies does Meggie have?

18. Dingbats - Look at how the words and pictures are arranged to make a well known phrase or saying.

Example: **GROUND LONDON** = London Underground

16. Crossword - Animals

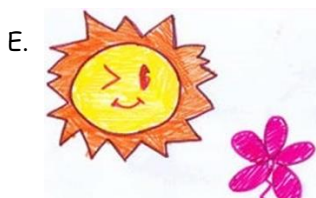
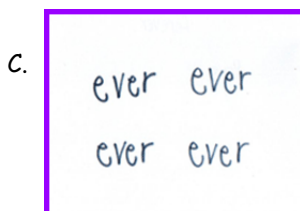
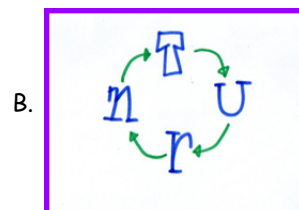


Down

-
-
-
-

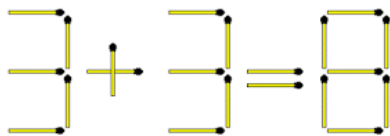
Across

-
-
-
-
-

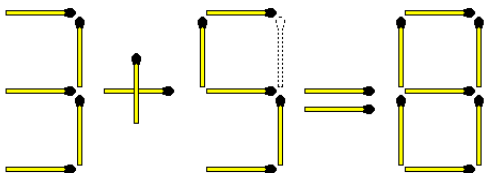


Answers - Challenge Supervisors Eyes Only!

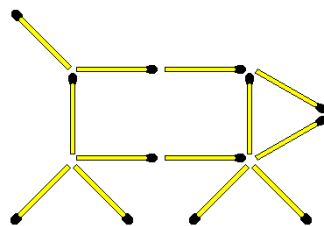
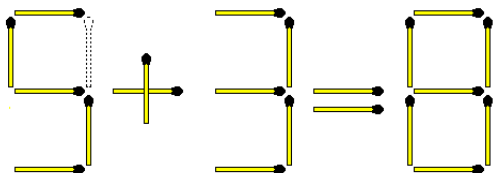
8. Matchstick Puzzles



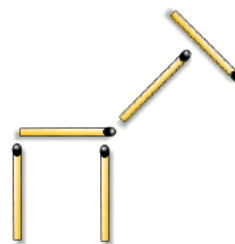
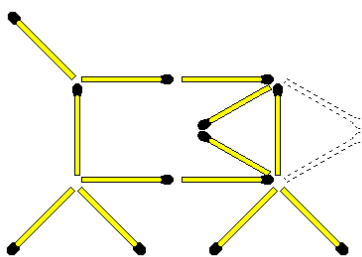
Solution 1:



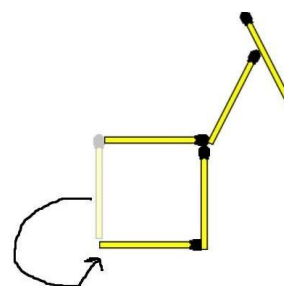
Solution 2:



Solution:



Solution:



11. Riddles

- A. A Sponge
- B. 18 - The=3 English=7 Alphabet=8
- C. Are you asleep?
- D. Wrong
- E. 6 - each of Meggie's girl puppies has the same brother!

16. Crossword - Animals

Down

- 2. Horse
- 4. Pig
- 6. Duck
- 7. Cat

Across

- 1. Fish
- 3. Sheep
- 5. Rat
- 6. Dog
- 7. Chicken

13. Anagrams

moor = room thicken = kitchen
palm = lamp bleat = table

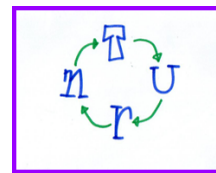
18. Dingbats

A.



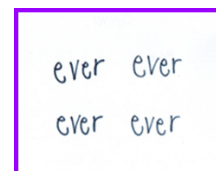
Hole in One

B.



Turn Around

C.



Forever

D.



Monkey

E.



Sunflower

F.



Milkshake