

SPRING/ SUMMER PRIMARY SCHOOL MENU 2017 – WEEK 1



WARRINGTON
Borough Council

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Home made Tuna Pasta Salad with sweetcorn, peppers cucumber & tomatoes</p> <p>Served with homemade garlic bread</p>	<p>Home made Sweet & Sour Chicken</p> <p>Served with 50/50 rice french beans</p> <p>(vegetarian option available on request)</p>	<p>Home made Minced Beef & Onion Pie</p> <p>Served with creamed potato or herby diced potato & fresh carrots</p>	<p>Honey Roast Ham with pineapple</p> <p>Served with new potatoes and either freshly prepared coleslaw & salad or savoy cabbage & gravy</p>	<p>Home made Fruity Chicken Curry</p> <p>Served with 50/50 rice or rice and chunky chips</p>
<p>Selection of Wholemeal Pizza with various toppings</p> <p>Served with home made jacket wedged potatoes</p> <p>Freshly prepared coleslaw or sweetcorn</p>	<p>Pitta bread filled with Home made Falafel & Salsa</p> <p>(alternative fillings available upon request)</p> <p>Served with carrot sticks, lime yoghurt dip & salad</p>	<p>Home made Popeye Omelette (spinach and cheese)</p> <p>Served with herby diced potatoes & baked beans</p>	<p>Home made Macaroni Cauliflower Cheese topped with tomatoes</p> <p>Served with fresh broccoli</p>	<p>Baked Cod Fingers or Baked Salmon Fingers</p> <p>Served with chunky chipped potatoes & mushy peas</p>
Available daily as an alternative: - Filled jacket potatoes and a selection of sandwiches served with vegetables, a dessert and drink				
Available Daily:- Unlimited fresh salad and unlimited wholemeal bread				
DESSERTS				
Frozen orange smoothie	Eton Mess (strawberries, meringue, creamy yoghurt)	Fresh fruit segments with yoghurt	Peach melba (peach, vanilla ice cream, raspberry sauce)	Home made Chocolate and beetroot cake topped with crème fraiche
Available daily as an alternative: - a selection of seasonal fresh fruit, fruit yoghurt, sreen and cheese & biscuits				
LUNCH WILL BE SERVED WITH FRESH MILK OR DRINKING WATER				
MENU CYCLE WEEK 1 : 13th March, 3rd April, 24th April, 15th May, 5th June, 26th June, 17th July				

SPRING/ SUMMER PRIMARY SCHOOL MENU 2017 – WEEK 2



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Selection of Wholemeal Pizza with various toppings</p> <p>Served with saute potatoes, coleslaw or sweetcorn</p>	<p>Home made Chicken en Croute (chicken, ham cheese with lattice pastry top)</p> <p>Served with new potatoes & carrots</p>	<p>Home made Sloppy Joe's in a toasted bagel or 50/50 bun</p> <p>Served with home made coleslaw, salad & sweetcorn</p>	<p>Braised Beef in onion gravy</p> <p>Served with yorkshire pudding roast & creamed potatoes fresh broccoli & carrots</p>	<p>Home made Cornflake Coated Chicken with cajun spice or Baked Fish Goujons</p> <p>Served with chunky chips, peas or beans</p>
<p>Home made Pasta Bow Tie Salad with coronation quorn & chickpeas</p> <p>Served with home made garlic bread</p>	<p>Home made Spanish Paella (Savoury rice, fish, peppers, sweetcorn and peas)</p> <p>Served with fresh carrots & Home made garlic bread (vegetarian option available on request)</p>	<p>Home made Chinese Stir Fry Vegetables with egg noodles & quorn</p> <p>Served with fresh broccoli</p>	<p>Tuna & Cheese Panini Melt</p> <p>Served with Home made coleslaw & salad (other fillings available including vegetarian option)</p>	<p>Home made Cheese Flan</p> <p>Served with chunky chips, coleslaw & salad</p>
Available daily as an alternative: - Filled jacket potatoes and a selection of sandwiches served with vegetables, a dessert and drink				
Available Daily:- Unlimited fresh salad and unlimited wholemeal bread				
DESSERTS				
Pear Belle Helene (pears, vanilla ice cream, chocolate sauce)	Home made Key lime pie with mandarin oranges	Rice dessert with tropical fruit	Raspberries in jelly	Cooks choice cookie
Available daily as an alternative:- a selection seasonal fresh fruit, fruit yoghurt, sreen and cheese & biscuits				
LUNCH WILL BE SERVED WITH FRESH MILK OR DRINKING WATER				
Menu cycle week 2 - 20th Mar, 10th Apr, 1st May, 22nd May, 12th June, 3rd July, 24th July				

SPRING/ SUMMER PRIMARY SCHOOL MENU 2017 – WEEK 3



WARRINGTON
Borough Council

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Selection of Wholemeal Pizza with various toppings</p> <p>Served with pommes noisette, coleslaw & salad</p>	<p>Toad in the Hole</p> <p>Served with creamed potatoes or sauté potatoes carrots & peas</p> <p>(vegetarian option available on request)</p>	<p>Taco or Tortilla boat filled with Home made Mild Chilli Beef</p> <p>Served with 50/50 Rice & Quinoa</p> <p>Sweetcorn and salad (vegetarian option available upon request)</p>	<p>Roast Chicken sage & onion stuffing</p> <p>Served with gravy, roast potatoes & creamed potatoes, fresh broccoli & fresh carrot</p>	<p>Chicken with lemon coated in a herby crumb</p> <p>Served with chunky chipped potatoes or curly fries, baked beans or peas</p>
<p>Homemade Spanish Omelette</p> <p>Served with Home made garlic bread, alphabet pasta & peas</p>	<p>Vegetarian Fajitas Wrap with beans, quorn, cheese & peppers</p> <p>Served with savoury rice & vegetables</p>	<p>Vegetarian Frankfurter in a finger roll</p> <p>Served with Home made tomato & roasted pepper ketchup, potato wedges & salad</p>	<p>Vegetarian Meatballs in a home made tomato & basil sauce with wholemeal spaghetti</p> <p>Served with Broccoli</p>	<p>Tempura Battered Fish</p> <p>Served with chunky chipped potatoes, peas or beans</p>
Available daily as an alternative: - Filled jacket potatoes and a selection of sandwiches served with vegetables, a dessert and drink				
Available Daily:- Unlimited fresh salad and unlimited wholemeal bread				
DESSERTS				
<p>Banana split (Banana, vanilla ice cream, chocolate sauce)</p>	<p>Mandarin oranges in jelly</p>	<p>Lemon drizzle cake with custard</p>	<p>Home made Strawberry cheesecake or vanilla ice cream</p>	<p>Cook's choice cookie</p>
Available daily as an alternative:- a selection seasonal fresh fruit, fruit yoghurt, sreen and cheese & biscuits available everyday				
LUNCH WILL BE SERVED WITH FRESH MILK OR DRINKING WATER				
Menu cycle week 3 – 27th Mar, 17th Apr, 8th May, 29th May, 19th Jun, 10th July, 31st July				

All home made dishes contain additional vegetables

If your child has any special dietary requirement please contact the School Meals office 01925 443082